

ASK GLOBAL NETWORK

OCTOBER

Word & Prayer Journal



A Spiritual Formation Guide by

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Spiritual Formation • Biblical Depth • Pastoral Growth

ASK GLOBAL NETWORK

OCTOBER WORD & PRAYER JOURNAL

A 31-Day Balanced Scripture & Prayer Journey

Website: <https://askglobalnetwork.org>

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INTRODUCTION

Welcome to October.

This month centers on endurance, prophetic warning, and kingdom readiness.

Jeremiah intensifies, Matthew deepens, and Numbers continues. Pay attention to themes of obedience and preparation.

October is a month of spiritual vigilance.

Remain watchful.

DAILY READING STRUCTURE (4-STREAM MODEL)

1. Old Testament (Law/History)
2. Psalms / Wisdom
3. Gospels / Acts
4. Epistles

Daily Time: 45–60 Minutes

OCTOBER READING PLAN (31 DAYS)

Day	OT	Prophet	NT	OT (2nd Stream)
1	Psalm 69–70	Jeremiah 7	Matthew 26	Numbers 14

2	Psalm 71–72	Jeremiah 8	Matthew 27	Numbers 15
3	Psalm 73–74	Jeremiah 9	Matthew 28	Numbers 16
4	Psalm 75–76	Jeremiah 10	Mark 1	Numbers 17
5	Psalm 77–78	Jeremiah 11	Mark 2	Numbers 18
6	Psalm 79–80	Jeremiah 12	Mark 3	Numbers 19
7	Psalm 81–82	Jeremiah 13	Mark 4	Numbers 20
8	Psalm 83–84	Jeremiah 14	Mark 5	Numbers 21
9	Psalm 85–86	Jeremiah 15	Mark 6	Numbers 22
10	Psalm 87–88	Jeremiah 16	Mark 7	Numbers 23
11	Psalm 89–90	Jeremiah 17	Mark 8	Numbers 24
12	Psalm 91–92	Jeremiah 18	Mark 9	Numbers 25
13	Psalm 93–94	Jeremiah 19	Mark 10	Numbers 26
14	Psalm 95–96	Jeremiah 20	Mark 11	Numbers 27
15	Psalm 97–98	Jeremiah 21	Mark 12	Numbers 28

16	Psalm 99–100	Jeremiah 22	Mark 13	Numbers 29
17	Psalm 101– 102	Jeremiah 23	Mark 14	Numbers 30
18	Psalm 103– 104	Jeremiah 24	Mark 15	Numbers 31
19	Psalm 105– 106	Jeremiah 25	Mark 16	Numbers 32
20	Psalm 107– 108	Jeremiah 26	Luke 1	Numbers 33
21	Psalm 109– 110	Jeremiah 27	Luke 2	Numbers 34
22	Psalm 111– 112	Jeremiah 28	Luke 3	Numbers 35
23	Psalm 113– 114	Jeremiah 29	Luke 4	Numbers 36
24	Psalm 115– 116	Jeremiah 30	Luke 5	Deut 1
25	Psalm 117– 118	Jeremiah 31	Luke 6	Deut 2
26	Psalm 119	Jeremiah 32	Luke 7	Deut 3
27	Psalm 120– 121	Jeremiah 33	Luke 8	Deut 4
28	Psalm 122– 123	Jeremiah 34	Luke 9	Deut 5
29	Psalm 124– 125	Jeremiah 35	Luke 10	Deut 6

30 Psalm 126– Jeremiah Luke 11 Deut 7
127 36

31 Psalm 128– Jeremiah Luke 12 Deut 8
129 37

DAILY JOURNAL PAGE TEMPLATE (Repeat for Days 1–30)

Day ____

Scripture Read:

OT: _____

Psalm/Wisdom: _____

Gospel: _____

Epistle: _____

Main Verse:

Meditation Notes:

Prayer Focus:

- Thank God for His Word today
- Ask for grace to obey what you read
- Pray for strength to walk in truth

Personal Prayer:

Insights / Application:

WEEKLY REFLECTION PAGES

(End of Days 7, 14, 21, 28)

Weekly Reflection

1. Key Scriptures This Week:

2. What God Emphasized:

3. Convictions or Corrections:

4. Growth Areas:

5. Prayer Focus for Next Week:

END OF MONTH REVIEW

January Spiritual Review

1. Where did I grow most?
2. What challenged me?
3. What patterns need adjustment?
4. How consistent was I?
5. What is my focus for February?

Gratitude List:

FINAL ENCOURAGEMENT PAGE

Consistency builds authority.

The goal is not perfection.

The goal is presence.

If you miss a day, return.

If you fall behind, restart.

If you feel dry, remain.

God honors returning hearts.

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